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Implementation of Physical Education Programme in Malaysian Primary Schools



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Abstract. Despite being recognized as a broad-based value subject by governments and agencies globally, Physical Education (PE) policy implementation still remains inconsistent. This study examined the implementation of primary school PE in terms of human resource factor (teachers' ability), administration factor (class distribution, administration of PE), and non-human resource factor (facilities and reference resources). A total of 1276 classroom PE teachers from 248 schools were randomly surveyed using a specially designed questionnaire. The findings revealed that only 6.2% of PE teachers was PE majors. Even though majority of PE teachers acknowledged that they could managed their students, only 56-65% agreed that they had knowledge to teach PE: *teach sport skills, manage fitness class, detect and correct students' weaknesses*. In terms of class distribution, most PE teachers revealed that school administrators did not practice consensus in allocating PE classes as they had no prior knowledge about being assigned to teach PE. On the administration of PE, only 54% of administrators assumed PE was important, 36% discussed PE teaching workload with teachers, 73% did not discuss factors affecting the teaching and learning of PE, and 85% did not organize staff development programme. In terms of non-human factor, 36% of teachers agreed that library PE books were suitable and adequate. However only 42% agreed that financial allocation for PE was adequate. It is recommended that more attention be given to staff training programme, monitoring of PE teaching as well as better planning of financial allocation.

Biography. Assoc. Prof. Wee heads the Research Centre for Sport and Exercise Science (RECSES) and is a Programme Leader (Bachelor in Sport & Exercise Science) at the Faculty of Applied Sciences. He has been involved in the development of physical education since 1990 and has contributed his expertise in various capacities, including the improvement of physical education programmes within the Malaysian Ministry of Education. Assoc. Prof. Wee is World Regional Vice-President for Asia (2017-2020), Federation Internationale D'Education Physique (FIEP). He is an Editorial Board Member for the Asian Journal of Exercise and Sports Science (AJESS), the Pan-Asian Journal of Sports & Physical Education (PAJSPE) and the Malaysian Journal of Sport Science and Recreation. In addition, he is a Panel Member for Sport Science Curriculum Panel and Sport Management Curriculum Panel of the National Sport Council of Malaysia (NSCM), Coaching Education Panel of the Badminton Association of Malaysia, and Continuous Coaching Education Panel Member for NSCM. He has also served as a committee member for the Malaysian Association for Physical Education, Sport Science and Fitness (2003-2007). Assoc. Prof. Wee is an author of 19 books on sports and PE; two of which are used as the text books for schools in Malaysia. He also authored or co-authored numerous research papers and had made presentations at the local, national and international conferences such as the American College of Sports Medicine's Annual Meeting, AAHPERD Conference, Pan-Asian Society of Sports and Physical Education Annual Conference, the Xi'an 2012 International Conference on Sport Science and Physical Education, the 7th International Scientific Conference on Kinesiology (2014) in Opatija, Croatia, ERPA International Congress on Education 2015, Athens, Greece, EASS European Association for Sociology of Sport Conference (2015), Dublin, Ireland, and the 13th European

Association for Sociology of Sport Conference (2016), Copenhagen, Denmark. Additionally, he has been invited to present at the 2012 International Forum of Physical Education and Sports Science (IFPESS 2012), the 9th International Sports Science Conference (ISSC 2012), the LARASA Congress (2013), the 10th International Sports Science Conference (ISSC 2014), Global Forum 2014 for Physical Education Pedagogy, the International Conference on Sports Science & Teacher Education (IconSSTE2014), the Asian Paralympic Committee (APC) General Assembly & Conference (2014), Abu Dhabi, United Arab Emirates, and Tunku Abdul Rahman University College International Conference (2016). He was also an instructor for the IOC Advanced Sport Management Course for the Olympic Council of Malaysia. On the side, he volunteers for the Asian Paralympic Committee where he was appointed Head of Secretariat at the 6th ASEAN Para Games (2011) in Solo Indonesia, the 7th ASEAN Para Games (2014) in Naypyitaw, Myanmar and Director of Secretariat at the Incheon 2014 Asian Para Games, Incheon, Korea. Assoc. Prof. Wee's current research revolves around sport coaching and physical activity. For his contributions in PE, he was awarded a Fulbright Scholarship (2007-2008) by the US Government.