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Health and Physical Education among Children and Youth - A European Perspective



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Abstract. The issue of sedentary lifestyle and physical inactivity of people, which leads to economic and social consequences, is one of the principal global problems in today's world. First main part of presentation will be oriented to the basic results of different comparative studies focused on actual situations and trends of eating behaviours, physical inactivity, sedentary behaviours and socioeconomic characteristics of Euro's young population. This part of presentation will be looking at information on the situation of PE in different European countries, on changes of selected PE indicators during last 25 years and on changes of curriculum aims in many European countries. The 2nd part of presentation will be focused on perspectives and recommendations for better PE for future of the changing society in Europe together with examples of the best PE practices not only from Europe but also from other parts of the world. This part of presentation will be completed by short video clips.

Biography. *Branislav Antala* is working in Faculty of Physical Education and Sports, Comenius University in Bratislava, Slovakia. From 2009 he was a Visiting professor and from 2014 he is Meritorius professor in Faculty of Kinesiology, University of Zagreb, Croatia. His area of specialization is sport and physical education pedagogy, evaluation in physical education and sport management. He has been author of about 200 original scientific articles and reports published in 25 countries and 5 edited books. He is a Member of the Editorial Boards of 14 international journals egg. Physical Education and Sport (Slovakia), Kinesiology (Croatia), FIEP Bulletin (Brazil), Physical Education and Sport through the Centuries (Serbia), Graduate Journal of Sport Exercise & Physical Education Research (Great Britain), Research in Kinesiology (Macedonia), and Theories and Applications The International Edition (Egypt). He is member of Curriculum Council of Minister of Education, Science, Research and Sport of Slovak Republic and of State Commission for Physical and Sport Education on National Institute for Education in Slovakia. He is World International Vice-president of International Federation of Physical Education (FIEP), FIEP Europe President, ICSSPE Executive Board Member, in 2013 – 2016 chair of International Committee of Sport Pedagogy (ICSP) He is coordinator of national & international research projects. He is a recipient of many international awards for contribution on development of physical education in the world egg. FIEP International Gold Cross of Honour (Brazil, 2007); Águila de Oro (Mexico, 2009); Pico Bolivar Award (Venezuela, 2009); National Sport Academy "Vasily Levski" Award (Bulgaria, 2014), Gold Plaque of Montenegrin Sport Academy (Montenegro, 2015), Albanian School Sport Association Award (2017).

