

3RD FIEP ASIA CONFERENCE ON PHYSICAL EDUCATION AND SPORTS (ACPES 2018)

Health and Physical Education among Children and Youth - A European Perspective

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Abstract. In the beginning of presentation will be present sedentary lifestyle and physical inactivity of people, all with related health, economic and social consequences, as a one of principal global problems in today's world. First main part of presentation will be oriented to the basic results of different comparative studies focused on actual situation and trends of European young population in obesity, in eating behaviours, in physical inactivity, in sedentary behaviours and in socioeconomic characteristics of young's' obesity. This part of presentation will be completed also by information on situation of PE in different European countries, on changes of selected PE indicators during last 25 years and on changes of curriculum aims in many European countries to health and healthy active lifestyle of children and youth. Last part of presentation will be focused on perspectives and recommendations for better PE for future in European changing society together with examples of the best PE practices not only from European but also from different world countries. This part of presentation will be completed by short video clips.

Biography. *Branislav Antala* is working in Faculty of Physical Education and Sports, Comenius University in Bratislava, Slovakia. From 2009 he was Visiting professor and from 2014 he is Meritorius professor in Faculty of Kinesiology, University of Zagreb, Croatia. His area of specialization is sport and physical education pedagogy, evaluation in physical education and sport management. He has been author of about 200 original scientific articles and reports published in 25 countries and 5 edited books. He is a Member of the Editorial Boards of 14 international journals egg. Physical Education and Sport (Slovakia), Kinesiology (Croatia), FIEP Bulletin (Brazil), Physical Education and Sport through the Centuries (Serbia), Graduate Journal of Sport Exercise & Physical Education Research (Great Britain), Research in Kinesiology (Macedonia), and Theories and Applications The International Edition (Egypt). He is member of Curriculum Council of Minister of Education, Science, Research and Sport of Slovak Republic and of State Commission for Physical and Sport Education on National Institute for Education in Slovakia. He is World International Vice-president of International Federation of Physical Education (FIEP), FIEP Europe President, ICSSPE Executive Board Member, in 2013 – 2016 chair of International Committee of Sport Pedagogy (ICSP) He is coordinator of national & international research projects. He is a recipient of many international awards for contribution on development of physical education in the world egg. FIEP International Gold Cross of Honour (Brazil, 2007); Águila de Oro (Mexico, 2009); Pico Bolivar Award (Venezuela, 2009); National Sport

Academy "Vasily Levski" Award (Bulgaria, 2014), Gold Plaque of Montenegrin Sport Academy (Montenegro, 2015), Albanian School Sport Association Award (2017).