30 July 2009

To All Staff and Students

**Influenza A (H1N1)**

As you are all aware, the confirmed number of Influenza A (H1N1) cases in the country has been on the rise for both local transmissions and imported cases.

In view of the worsening situation in the country, it is everyone’s responsibility to help to contain the spread of the virus. All staff and students should practise good hygiene and observe precautionary measures as advised by the Ministry of Health.

Those with flu-like symptoms such as fever, cough, difficulty in breathing, body ache, headache or sore throat are advised to practise social distancing and seek immediate medical attention.

Your cooperation and understanding is most appreciated in the interest of the Tunku Abdul Rahman College community.

Thank you.

(PHOONG HUEI LING)
Registrar

PHL/ksl