

## Kertas Cadangan Sekolah Selamat 2.0 dikemuka KPM tahun depan

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Selain peranan guru, hubungan antara pelajar, ibu bapa dan sekolah juga perlu diperkukuh. - Foto fail/Astro AWANI/Shahir Omar

**KUALA LUMPUR** : Kertas Cadangan Integrasi Kerangka Sekolah Selamat 2.0 yang merangkumi 11 bahagian termasuk cadangan pindaan Akta Pendidikan 1996 dan penggubalan peraturan baharu, akan dikemukakan kepada Kementerian Pendidikan pada suku pertama tahun depan.

Ketua Penyelidik kertas cadangan itu Prof Madya Datuk Monna Ong View Siew berkata antara teras utama yang dicadangkan ialah Dasar Kesejahteraan Mental sekolah Nasional, yang akan menjadi payung utama bagi memastikan program berkaitan keselamatan mental dan psikologi dapat dilaksanakan secara tersusun dan bersepadu.

Beliau berkata dapatan sesi dialog hari ini menunjukkan guru merupakan titik sentuhan psikologi pertama bagi pelajar, memandangkan kebanyakan pelajar lebih selesa berkongsi masalah dengan guru kelas yang berinteraksi dengan mereka setiap hari, berbanding guru kaunseling.

"Justeru, latihan psychological first aid (PFA) perlu diperkenalkan kepada semua guru, bukan sahaja kepada guru kaunseling bagi membantu mereka memahami perubahan tingkah laku serta trauma yang dialami pelajar," katanya pada Forum From Their Eyes, A Youth Dialogue on Safety, Stress and Support, di Universiti Pengurusan dan Teknologi Tunku Abdul Rahman (TAR UMT), di sini pada Sabtu.

Mona berkata selain peranan guru, hubungan antara pelajar, ibu bapa dan sekolah juga perlu diperkukuh kerana rata-rata pelajar terlibat dalam forum itu enggan mengadu masalah dihadapi kepada ibu bapa, walaupun penglibatan ibu bapa amat penting bagi isu yang lebih serius.

Sehubungan itu, beliau mencadangkan agar program literasi kesihatan mental untuk ibu bapa dilaksanakan melalui Persatuan Ibu Bapa dan Guru (PIBG), supaya ibu bapa mempunyai kefahaman asas mengenai aspek psikologi anak-anak.

Mona berkata kertas cadangan berkenaan, turut mengesyorkan penubuhan satu mekanisme penyelarasan nasional yang menggabungkan sekolah, Kementerian Pendidikan, Kementerian Kesihatan serta penyedia perkhidmatan klinikal dan semua kementerian berkaitan, untuk bekerjasama di bawah satu majlis untuk membantu pelajar secara menyeluruh.

Dalam forum tersebut, enam wakil pelajar tingkatan enam daripada Sekolah Menengah Kebangsaan Maxwell, Sekolah Menengah Sultan Sulaiman Terengganu dan pelajar TAR UMT, berkongsi pandangan mengenai hubungan baik antara pelajar dan guru, serta layanan yang adil mampu membuka ruang kepada pelajar untuk meluahkan masalah dan tekanan dihadapi.

Kumpulan pelajar itu berkata mereka lebih selesa berkongsi masalah dengan rakan sekelas dan guru, berbanding ibu bapa, kerana

tidak mahu membebankan ibu bapa dengan masalah atau tekanan akademik yang dihadapi.

Mereka turut mencadangkan penyediaan sudut khas di sekolah sebagai ruang selamat untuk pelajar melepaskan tekanan yang dihadapi, sekiranya belum bersedia berkongsi masalah tersebut kepada guru atau rakan-rakan.

Sementara itu, Pengerusi Lembaga Pengelola dan Majlis Alumni TAR UMT Tan Sri Chan Kong Choy berkata penganjuran forum seumpama itu penting, kerana dasar melibatkan generasi muda tidak seharusnya dibentuk berdasarkan andaian orang dewasa semata-mata.

"Pengalaman peribadi dan suara pelajar perlu diambil kira, bagi memastikan sebarang dasar yang ingin dilaksanakan lebih relevan dan berkesan," katanya.

Chan berkata usaha pasukan penyelidik TAR UMT itu membuktikan bagaimana hasil penyelidikan akademik dapat diterjemahkan kepada pandangan praktikal, bagi menyokong pembentukan dasar berasaskan bukti ke arah reformasi pendidikan jangka panjang.

-- BERNAMA

# Safe School 2.0 proposal paper to be submitted to MOE next year | New Straits Times

4-5 minutes

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KUALA LUMPUR: The Proposal Paper on the Integration of the Safe School 2.0 Framework, which comprises 11 sections including proposed amendments to the Education Act 1996 and the drafting of new regulations, will be submitted to the Ministry of Education (MOE) in the first quarter (Q1) of next year.

Chief researcher of the proposal paper, Associate Professor Datuk Dr Monna Ong View Siew said among the key pillars proposed is a National School Mental Wellbeing Policy, which will serve as an overarching framework to ensure that programmes related to mental and psychological safety are implemented in a structured and integrated manner.

She said findings from today's dialogue session showed that teachers are the first point of psychological contact for students, as most students are more comfortable sharing their problems with class teachers who interact with them daily, rather than with counselling teachers.

"Therefore, psychological first aid (PFA) training should be introduced for all teachers, not only counselling teachers, to help them understand behavioural changes and trauma experienced by students," she said at the forum 'From Their Eyes, A Youth Dialogue on Safety, Stress and Support' at Tunku Abdul Rahman University of Management and Technology (TAR UMT) here today.

In addition to the role of teachers, Monna said relationships between students, parents and schools also need to be strengthened, as many students involved in the forum were reluctant to share their problems with their parents, even though parental involvement is crucial, especially for more serious issues.

In this regard, she proposed that mental health literacy programmes for parents be implemented through Parent-Teacher Associations (PTAs) so that parents have a basic understanding of their children's psychological aspects.

She said the proposal paper also recommends the establishment of a national coordination mechanism involving schools, MOE, the Health Ministry, clinical service providers and all relevant ministries to work together under a single council to provide holistic support for students.

During the forum, six student representatives from upper secondary classes at SMK Maxwell, SM Sultan Sulaiman Terengganu and TAR UMT shared their views, highlighting that good relationships between students and teachers, as well as fair treatment, can create space for students to express the problems and stress they face.

The group of students said they were more comfortable sharing their problems with classmates and teachers rather than with parents, as they did not want to burden their parents with the academic pressures or issues they faced.

They also suggested the provision of designated spaces in schools as safe areas for students to release stress if they are not yet ready to share their problems with teachers or peers.

Meanwhile, TAR UMT Board of Governors and Alumni Council chairman Tan Sri Chan Kong Choy said the organisation of such forums is important because policies involving the younger generation should not be shaped solely based on adult assumptions.

"Students' personal experiences and voices must be taken into account to ensure that any policy to be implemented is more relevant and effective," he said.

Chan said the efforts of the TAR UMT research team demonstrate how academic research findings can be translated into practical insights to support evidence-based policy formulation towards long-term education reform. — BERNAMA

## Safe School 2.0 proposal to reach MOE in Q1 next year

Bernama

4-5 minutes

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### **A proposal for a national school mental wellbeing policy and teacher training will be submitted to the Education Ministry in early 2026.**

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Chief researcher of the proposal paper, Associate Professor Datuk Dr Monna Ong View Siew said among the key pillars proposed is a National School Mental Wellbeing Policy, which will serve as an overarching framework to ensure that programmes related to mental and psychological safety are implemented in a structured and integrated manner.

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**ALSO READ:** [Education minister vows full responsibility for school safety reforms](#)

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During the forum, six student representatives from upper secondary classes at Sekolah Menengah Kebangsaan Maxwell, Sekolah Menengah Sultan Sulaiman Terengganu and TAR UMT shared their views, highlighting that good relationships between students and teachers, as well as fair treatment, can create space for students to express the problems and stress they face.

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# SAFE SCHOOL 2.0 PROPOSAL PAPER TO BE SUBMITTED TO MOE IN Q1 NEXT YEAR

4-5 minutes



-- Photograph for illustrative purposes

KUALA LUMPUR, Dec 13 (Bernama) — The Proposal Paper on the Integration of the Safe School 2.0 Framework, which comprises 11 sections including proposed amendments to the Education Act 1996 and the drafting of new regulations, will be submitted to the Ministry of Education (MOE) in the first quarter (Q1) of next year.

Chief researcher of the proposal paper, Associate Professor Datuk Dr Monna Ong Siew Siew said among the key pillars proposed is a National School Mental Wellbeing Policy, which will serve as an overarching framework to ensure that programmes related to mental and psychological safety are implemented in a structured and integrated manner.

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-- BERNAMA

# Kertas Cadangan Sekolah Selamat 2.0 Dikemuka Kepada KPM Tahun Depan

4-5 minutes

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-- Gambar hiasan

KUALA LUMPUR, 13 Dis (Bernama) - Kertas Cadangan Integrasi Kerangka Sekolah Selamat 2.0 yang merangkumi 11 bahagian termasuk cadangan pindaan Akta Pendidikan 1996 dan penggubalan peraturan baharu, akan dikemukakan kepada Kementerian Pendidikan pada suku pertama tahun depan.

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“Justeru, latihan *psychological first aid* (PFA) perlu diperkenalkan kepada semua guru, bukan sahaja kepada guru kaunseling bagi membantu mereka memahami perubahan tingkah laku serta trauma yang dialami pelajar,” katanya pada Forum *From Their Eyes, A Youth Dialogue on Safety, Stress and Support*, di Universiti Pengurusan dan Teknologi Tunku Abdul Rahman (TAR UMT), di sini hari ini.

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