

## **RULES & REGULATIONS FOR USE OF SPORTS FACILITIES:**

1. Players should be properly attired at all times. **Shorts and T-shirts must be worn at all times and sports shoes are mandatory.** For **squash and badminton**, wear only **non-marking sports shoes** within the court.
2. All applications to book sports facilities must be submitted at least **one day in advance** except for use of swimming pool and gymnasium. Players should present **booking confirmation slip** together with all the **group participants' ID cards** to the staff on duty before using the facility.
3. For gym equipment use, **towels are compulsory.** Please **register at the counter** and present **your ID card** to the staff on duty before entering the gym. Do not drip sweat on the equipment. Wipe your sweat off the benches after you have used them. Re-rack weight plates and dumbbells when done with your exercises. Do not monopolize equipment. Do not drop or clang weights.
4. **Food and bags are not allowed** at the sports venue. Drinks and water may be taken in non-breakable, spill-proof containers.
5. Players are advised to bring their own equipment. However, players who wish to borrow equipment can refer to the staff on duty. **Any person who damages or destroys the property of the University College shall be held responsible and liable for the repair and replacement of such property at his or her own expense.**
6. The University College reserves the **right to cancel bookings without prior notice.**
7. The University College reserves **the right to bar anyone who does not observe the Rules and Regulations for Sports Facilities**, abuses equipment or shows disrespect to other students and staff or are in violation of the Student Code of Conduct.

**# Rates and Rules & Regulations are subject to change by University College from time to time. Users may be notified of such changes in any manner deemed appropriate by the University College.**