

Get a Firm Footing in Science



TUNKU Abdul Rahman University College (TAR UC) has been offering the Foundation in Science programme since 2014 via the Centre for Pre-University Studies (CPUS), and it has prepared many students for science-related bachelor's degree programmes in TAR UC. The Foundation in Science programme is structured in two mutually exclusive tracks to enable students with a particular interest in certain branches of science to choose the track which suits them best.

The Foundation in Science (Track A) focuses more on physical science while Foundation in Science (Track B) leans towards life science. Each track prepares students for specific science-related bachelor's degree programmes in TAR UC.

Kleven Lim Jin Yew, a TAR UC student who pursued the Foundation in Science (Track B) and subsequently the Bachelor of Science (Hons) in Sports and Exercise Science, is enthusiastic about his journey at TAR UC.

The Foundation in Science programme provided Lim with many valuable skills that helped prepare him for his bachelor's degree programme. One reason why Lim chose to study at TAR UC was because it is one of the few institutions in Malaysia to offer the Sports and Exercise Science programme. He was also drawn in by the good Foundation programme. "The Foundation in Science (Track B) prepared me well for the Sports and Exercise Science programme.

"I studied subjects like Physiology, Developmental Biology and Ecology, Introduction to Genetics, and Physics and Its Application for a solid foundation and smooth transition to the Sports and Exercise Science undergraduate programme.

“TAR UC also provided me with a generous merit scholarship, which was automatically awarded to me upon enrolment,” he said.

“I learned many valuable skills that helped me develop personally. The Foundation programme’s focus on academic knowledge as well as practical hands-on skills equipped me for my undergraduate studies.

“Moreover, it allowed me to choose the subjects based on my area of interest by selecting one of the tracks,” he said.

One important aspect Lim learnt during his time in the TAR UC Foundation programme was self-discipline. “I realised that lecturers and tutors treat students as adults and will not pamper or punish them, which is very different compared to high school life. “The lecturers are knowledgeable, caring and friendly. Other than academic knowledge, my lecturers also taught me countless life lessons and social skills to ensure that I would become a better person,” he said.

With the guidance of his lecturers and his own hard work, Lim achieved a perfect 4.0 CGPA score in his Foundation studies. “In my opinion, there are no shortcuts or secret techniques to success. I believe working hard, asking questions, being proactive and spending extra time on tutorials and practical work contributed to my success,” he said.

Despite spending a lot of time studying to achieve a perfect CGPA score, Lim did not forgo extracurricular activities. He was elected to become a committee member of the CPUS Science and Mathematics Society (SMS).

“I decided to try out for a position in the SMS as I thought it was a good way to challenge myself and develop my communication and leadership skills. “I also wanted to get out of my comfort zone and make as many friends as possible to widen my network,” he said.

Lim also represented CPUS in the badminton team. He won third place in the Men’s Singles category in the 2018 Inter-faculty Games in TAR UC, and was also part of a team representing TAR UC that was the second runner-up in the Masiswa President Cup in 2018.

TAR UC offers a variety of Foundation programmes to suit SPM school-leavers. Apart from the Foundation in Science, TAR UC offers five other Malaysian Qualifications Agency-accredited Foundation programmes, namely the Foundation in Arts, Foundation in Engineering, Foundation in Accounting, Foundation in Business and Foundation in Computing. ■ For more information, visit www.tarc.edu.my. Attractive scholarships are also available based on academic merit and there is a sibling discount for qualified students



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